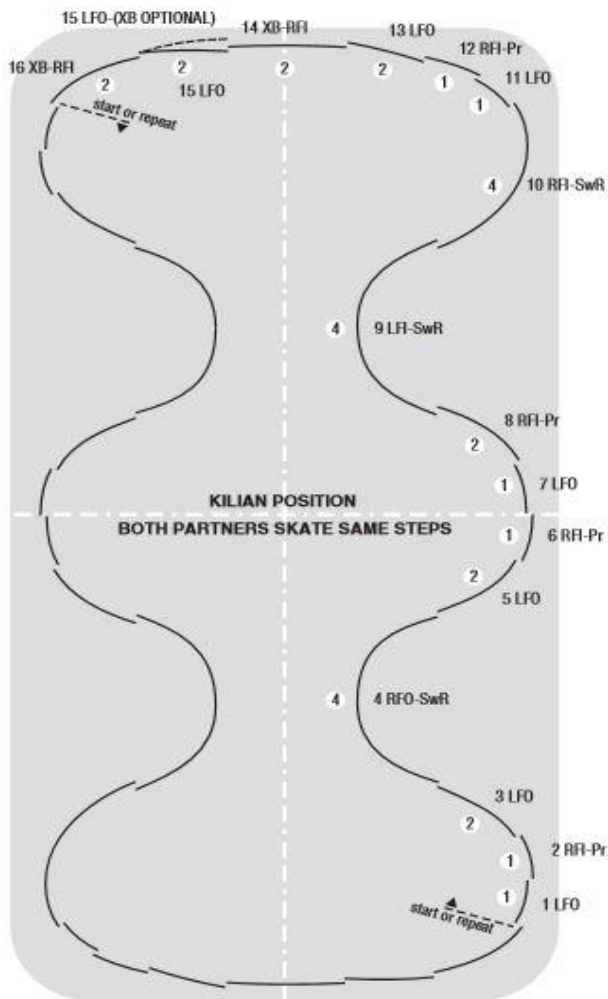


Category: **Ice Dance**

Subject: **Description, chart and diagram of Pattern Dances (Novice International Competitions)**



RHYTHM BLUES

3 sequences required for Solo Dance Series Competition Number of Measures per Pattern: 8

Minimum Pattern Time: 0:21.3

Maximum Pattern Time: 0:22.3

Maximum Overall Time: 1:30

A slow tempo and forward skating make this dance appear deceptively simple. However, correct timing, pattern and proper expression are required to make the dance pleasing to watch. Attention to depth of edges and proper curvature of lobes is essential. Care must also be taken to fully complete lobes on the correct edge. Partners must utilise knee bends and free leg extensions for blues interpretation, as well as smooth flowing movement.

Skated in Kilian position throughout, the dance begins with a progressive sequence and outside swing roll (RFO). Timing becomes more intricate with Steps 5-10. Step 5 must be held for two full beats as it begins a 'promenade' sequence similar to that before the Choctaw in the Blues. Steps 6-7 are each one beat. Step 8 is two beats and Step 9 and 10 are forward inside swing rolls each beginning on beat three of the bar. These swing rolls allow for blues expression and require well-timed free leg swings. Strong progressive strokes, Steps 11-13 are needed to maintain speed through the cross behind chasses, so there is no struggle to regain speed on the repeat. The XB's which complete the dance, must be crisp and precise, accomplished by soft knee action and a rounded end pattern. Note that the XB-LFO on Step 15 is optional. Step 15 may be skated as an open stroke.

Section	Steps	# of steps	10%	25%	40%	50%	60%	75%	80%	90%
Only 1 Section	1-16	16	2	4	6	8	10	12	13	14